

MEDICATION SCHEDULE FOR CARDIAC MEDICATIONS

Patient name: _____ Date: _____ Prepared by: _____

Medications	Directions	AM	Noon	Supper	Bed	Special Instructions
Acetylsalicylic acid (ASA) Aspirin® (___mg)	Take 1 tablet once a day					
Clopidogrel Plavix ® (75 mg)	Take 1 tablet once a day					
Angiotensin-converting enzyme (ACE) inhibitor _____(___mg)	Take ___ tablet(s)/capsule(s) ___ time(s) a day					
Cholesterol-lowering agent _____(___mg)	Take ___ tablet(s)/capsule(s) ___ time(s) a day					
Beta blocker _____(___mg)	Take ___ tablet(s) ___ time(s) a day					
Calcium-channel blocker _____(___mg)	Take ___ tablet(s)/capsule(s) ___ time(s) a day					
Nitroglycerin patch _____(___mg/h)	Apply ___ patch per day					Put on in _____ and take off at _____
Nitroglycerin spray _____(___mg)	Spray 1-2 doses under tongue: can repeat twice every 5-10 minutes					If no relief after 3 sprays within 15 minutes, seek medical help. Do not inhale spray. Keep away from eyes.

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Safety Tips for Taking Your Medications

1. Consider using a medication organizer to help keep track of the pills you need to take every day. Check with your pharmacist, as some medications need to be kept in their original packages to stay useful.
2. Keep an up-to-date medication diary of what to take and when to take it. Record any missed or late doses. Show this diary to any health-care professional involved in your care, such as a doctor, dentist, pharmacist and/or nurse.
3. Always speak with your doctor or pharmacist before stopping any medication.
4. Check with your doctor or pharmacist about taking any other medications, including those you can buy without a prescription (over-the-counter drugs, herbal preparations and vitamins); some of these products can interfere with your current prescribed medication.
5. When you travel, be sure you have enough medication for the entire trip and for any unexpected travel delays. Always keep your medications with you to avoid the risk of losing them with your luggage.

No single treatment or activity will prevent further complications with your heart or other health problems from developing. all of the medications you have been prescribed work together to strengthen your heart and lower your risk of further heart problems. Your doctor and pharmacist are excellent resources to help you to understand how this treatment plan is meant to work, as well as what signs and symptoms to expect.

